

PSYCHOGENESIS RESEARCH FOUNDATION

SYLLABUS

Course name: DRUG AND NET ADDICTION COUNSELLING AND MANAGEMENT.

Duration of the Course: Six Months

Total Marks: 300

Subject 01 – DRUG ADDICTION AND ETIOLOGICAL CONSTITUTION (Theories – 100)

1. Understanding Drug Use, Abuse, And Addiction
2. How Drug Abuse And Addiction Can Develop –The Reasons
3. X-Factor Of Becoming Drug Addicted
4. Why People Use Drugs – A Quick Overview
5. Signs, Symptoms of Substance Abuse
6. Myths About Drug Abuse And Addiction
7. Warning Syndrome Or Indicator Of Abusing Drugs
8. Understanding Powerlessness & Unmanageability Against Drug
9. Psychometric Test – Personality Assessment and Depression, Anxiety and stress Scale

Subject-02 APPLIED COUNSELLING AND REHABILITATION (Written Interactive Practical – 100)

1. Case History Fill Up And Recording
2. Withdrawal Symptoms –Self Diagnosed
3. Relapse Prevention – Understanding Relapse Syndrome And Progression
4. Qualities of a counsellor
5. Counselling Methods And Techniques with 12 steps of rehab program
6. Counselling , After Care Counselling And Rehabilitation
7. ETHICAL ASPECT

Subject-03 NET ADDICTION AND MANAGEMENT (Interactive Practical Session – 100)

- ADDICTION DIAGNOSIS
 1. Net Addiction
 2. Form of Addiction
 3. Difficulties and complication
 4. Diagnosis and use of Psychometric Test
 - MANAGEMENT
 1. Counselling
 2. Behavioural Modification
 3. Parental counseling of Adolescent
- Psychometric Test – Personality Assessment and Depression, Anxiety and stress Scale

- **Each exam** (question paper based on) 50 marks. Your score will be converted into 100.
- **No of Exam** : 1st Assessment and 2nd ,Final
- **FINAL EXAM** – based on entire syllabus.
- ****In final, External (Psychologist from other institution) will evaluate the student for Interactive Practical Session.**
- **Pass Marks: 40 % in Theory and 50% in Practical**
- **Attendance: 80%**

N.B. : After final exam we provide Marks-Sheet and Certificate for pass-out students.

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